

# Kentucky Behavioral Health Planning and Advisory Council

## Council Meeting Summary

November 17, 2016 10:00am to 2:00pm

Kentucky Transportation Cabinet, 200 Mero Street, Frankfort, Kentucky

**Council Members:** Sherry Sexton, Michael Karman, Amy Jeffers, Valerie Mudd, Jeanette Rheeder, Brandon Kelley, Ron O'Hair, Becky Clark, Rebecca Burton, Cathy Epperson, Gayla Lockhart, Susan Abbott, LeeAnn Kelley, Joy Hoskins, Ann Hollen, Carmilla Ratliff, Matthew Smith, Peggy Roark, Steve Lyons, Dee Werline, Lynn Haney, Steve Shannon

**Guests:** John Curtis Burton

**Staff:** Michele Blevins, Melissa Runyon, Christie Penn, Jane Oliver, Luanne Steele, Tom Beatty, Sara Barker, David O'Daniel, Lesa Vanderpool

Topic	Discussion	Next Steps
Call Meeting to Order	Gayla Lockhart, Chair, called the meeting to order at 10:02 AM and welcomed attendees. Quorum was confirmed. Members, guests and staff introduced themselves.	
Approval of August 2016 Meeting Summary	Members reviewed the August 2016 meeting summary. Valerie Mudd made a motion for to approve the minutes as written. Brandon Kelley seconded. <b>Motion passed.</b>	Approved minutes are available online at <a href="http://dbhdid.ky.gov/d/bh/kbhpac.aspx">http://dbhdid.ky.gov/d/bh/kbhpac.aspx</a> .
Committee Reports	<p><u>Executive Committee</u> – no report</p> <p><u>Membership Committee</u> Gayla Lockhart reminded members that the state had changed the reimbursement rates for meals and that parent, family member and individuals in recovery representatives who required overnight stays to attend meetings would now have a higher meal reimbursement.</p> <p><u>Finance and Data Committee</u> – no report</p> <p><u>Bylaws Committee</u> – no report</p> <p><u>ad hoc Committees</u> Cathy Epperson, Chair of the <u>Advocacy &amp; Policy Committee</u>, reported that a committee conference call had been held on November 3, 2016, to review the legislative goals for this committee. This group had two recommended changes to the current document. First change was to substitute the word “integration” in place of “consolidation” on goal #2, and then substitute “mental health and/or substance use disorders” in place of “co-occurring disorders” on goal #3. Cathy Epperson made a motion to accept those recommended changes. Sherry Sexton seconded that motion. <b>Motion passed.</b> Michele Blevins also recommended a change in the top header to add “behavioral health” in front of “services”. Ron O'Hair made a motion to accept that recommended change. Susan Abbott seconded that motion. <b>Motion passed.</b> Cathy Epperson encouraged members to contact their own local legislators and take advantage of</p>	The membership application is available online: <a href="http://dbhdid.ky.gov/d/bh/documents/kbhpac/MemberApp.pdf">http://dbhdid.ky.gov/d/bh/documents/kbhpac/MemberApp.pdf</a> .

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	<p>brief moments to advocate and educate about behavioral health issues. She suggested coffee meetings, chamber event attendance, thank you cards for the work they are doing, holiday cards, sharing personal stories, etc. NAMI KY and PAR are also putting the legislative goals sheet in their newsletters and making available for training events.</p>	
Member Diversity	<p>Christie Penn led a discussion regarding groups of people the Council could reach out to in an attempt to increase diversity of the Council membership. Council had previously identified individuals who are LGBT, Hispanic/Latino and African American as groups needing more representation. Members identified several groups to provide outreach. Members volunteered to provide outreach and offer brochure and membership application to various groups. (</p> <p>SAMHSA – Tom Hill re: LGBTQ – Mike Barry  African American Sorority – Cathy Epperson  Cardinal Valley in Lexington – Susie Espirito – Michele Blevins  Office of Health Equity – DPH – Vivian Lasley-Bibbs;  Fairness Alliance – Gayla Lockhart  University of Kentucky interns in Social Work program – Cathy Epperson  Kentucky Guardianship Association – Matthew Smith  Kentucky Psychological Association - Candace Crowley – Missy Runyon  College for Technical Education – Peggy Roark  Bluegrass Career Services  Independence Place – Willis Deitz – Jane Oliver  Public Health Office of Health Equity – Joy Hoskins  Human Resources of Large Corporations – Lynn Haney</p>	<p>Member Volunteers to follow up on outreach with various groups.</p>
Behavioral Health Report 2017	<p>Michele Blevins discussed the Behavioral Health Report for 2017 that is due for submission by December 1, 2016. She explained the executive summary that is not required, but that is provided and outlines timelines and priorities for various populations. Hard copies of the behavioral health report were made available to members. Discussed data certification being in October of each year. So the data used for reporting is only the certified data. Numbers of individuals served by CMHCs decreased slightly for some populations. Discussed possible reasons for this such as the open network allows for additional providers and not everyone sees CMHC, more children and families are seeing private providers, CMHC services are focusing more on quality and less on quantity, etc. Discussion about focusing on adult and youth peer specialists but not as much focus on family peer support specialists. Gayla Lockhart read the letter to Virginia Simmons regarding Council support of the Behavioral Health Report that is to be submitted. Gayla signed the letter as chair of the Council.</p>	<p>Behavioral Health Report to be submitted December 1, 2016.</p> <p>Next year will be sure to report on adult, family and youth peer specialists.</p>
Behavioral Health Disparities/	<p>Christie Penn led a discussion on health disparities. Included a handout from SAMHSA regarding some demographic information. Discussion about the need for an epidemiologist at the Department to assist with analyzing health trend data and incident rates. Discussion about the 51</p>	

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Environmental Factors	<p>counties designated as Appalachian counties that have a higher rate of chronic disease.</p> <p>Missy Runyon discussed environmental factor of “Recovery”. Distributed hard copy of the last block grant submission for the recovery narrative, along with some guided questions. Requested members take home, read, think about and provide some written feedback by the next Council meeting.</p>	Will discuss Recovery as an environmental factor at next Council meeting.
CMHS Site Visit Status Report	Missy Runyon provided handout of CMHS Site Visit recommendations from 2014 status and recommendations. Noted that not all recommendations need a follow-up action.	
Member Updates	<p>Members provided updates in a round robin format. Highlights included:</p> <ul style="list-style-type: none"> <li>• NAMI LEX walk in October was successful and had about 500 people participate. Included pony rides, face painting, bouncing houses, etc. Virtual walkers for the first time.</li> <li>• Sherry Sexton is almost done with 1<sup>st</sup> year of graduate school and is doing well.</li> <li>• Peggy Roark just returned from Dale Hollow State Park where KPFC had Parent Panel. Working toward a satellite office for KPFC.</li> <li>• Steve Lyons reports that Seven Counties is changing its name to Centerstone.</li> <li>• Protection and Advocacy is still working on Amended Settlement Agreement issues. Also visited 13 state prisons looking at solitary confinement for adults with mental health issues. Working on Medicaid waiver issues and restraint procedures with children at schools.</li> <li>• Brandon Kelley reported about KY Youth Move working on Zero Suicide Initiative, including a billboard.</li> <li>• NAMI KY has hosted 2 NAMI Connections facilitator trainings and now have 7 trainers. Also provided family support facilitator training and have 9 trainers. Fall newsletter being distributed soon. Recent audit had good results. Participated in Supported Employment training.</li> <li>• Lynn Haney requests prayers for family.</li> <li>• Matthew reports his father is doing well. Invited members with issues related to guardianship/legal needs/special benefits to contact him.</li> <li>• Joy Hoskins discussed naloxone van, which is a licensed pharmacy, distributing naloxone kits to areas where invited. Also SB 192 syringe exchange programs - 14 communities have these programs now. Health Departments are often the site where these happen. KY has highest rate of Hepatitis C in the nation and has a rising rate of HIV. Expanding these and working to integrate services.</li> <li>• Amy Jeffers reports that prevention focusing on gateway drugs. Focusing on military connectedness and heroin use.</li> </ul>	

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	<ul style="list-style-type: none"> <li>• KPFC will have Family Leadership Academy training on March 10, 2017 and Family and Youth Peer Support Training in April of 2017.</li> <li>• LeeAnn Kelley reports two support groups she involved with going strong. Got new Parent Volunteer in Carter County. Oldest son recently got married.</li> </ul>	
Department Updates	<ul style="list-style-type: none"> <li>• David O'Daniel reported that statewide CIT conference was successful.</li> <li>• Lesa Vanderpool reported that Prevention staff back to capacity. Patti Clark working as suicide prevention coordinator.</li> <li>• Jane Oliver reported Integrated Dual Diagnosis Training scheduled for November 29 and 30. Working toward Individual Placement and Support (IPS) supported employment for young people.</li> <li>• Luanne Steele reported working on developing an ACT training for the state.</li> </ul>	Kentucky CIT's webpage: <a href="http://kentuckycit.com/">http://kentuckycit.com/</a>
Adjourn Meeting	Cathy Epperson made a motion to adjourn the meeting at 2:12 pm. Peggy Roark seconded. <b>Motion passed.</b>	<u>Next Meeting:</u> Thursday, March 16, 2017 10:00 a.m. – 2:00 p.m.